

Base Weight: 13 lbs, 2.2 oz | Total Pack Weight: 22 lbs, 6.6 oz | Skin-out Weight: 26 lbs, 10.8 oz

Category	Item Description	Weight	
☒ Packing		2 lbs, 6.9 oz	
☒ Backpack	ULA OHM 2.0 Backpack	31	OZ
☒ Stuff Sack (Clothing)	Sea to Summit (red) L	3.4	OZ
☒ Stuff Sack (Sleeping Bag)	Sea to Summit Nano (lime) 13L	1	OZ
☒ Stuff Sack (Food)	Sea to Summit (yellow)	3.1	OZ
☒ Stuff Sack (Toiletry/Ditty)	Ziplock gallon size freezer bag	0.4	OZ
☒ Shelter		1 lbs, 9.9 oz	
☒ Tarp	Etowah 8x10 syn Nylon	17.4	OZ
☒ Ground Cloth	Rainshadow 2 Tyvek Ground Sheet	8.5	OZ
☒ Sleeping		3 lbs, 1.8 oz	
☒ Sleeping Bag	REI Flash 30° Bag, Womens Long	29	OZ
☒ Sleeping Pad	NeoAir Trekker (with bag, no pump)	20.8	OZ
☒ Clothing Packed		3 lbs, 7.1 oz	
☒ Thermal Top	Purple Northface	4.3	OZ
☒ Thermal Bottoms	Purple Northface	3.6	OZ
☒ Rain Jacket/Poncho	GoreTex Rain Jacket	13.8	OZ
☒ Insulated Jacket	Patagonia W's Down Sweater	11.4	OZ
☐ Shell Pants / Rain Pants	Seirra Designs Rain Pants	8.3	OZ
☒ Spare Hiking Socks	misc.	5.4	OZ
☒ River Neoprene Socks	Blue Neoprene socks	2.4	OZ
☒ Warm Hat		2.2	OZ
☒ Gloves		1.7	OZ
☒ Spare underwear		2	OZ
☒ Cooking & Drinking		0 lbs, 6.6 oz	
☐ Mug/bowl	sea-to-summit collapsible	2.2	OZ
☒ Spoon	gray plastic long spoon	0.4	OZ
☒ Water Bottles	24oz Camelback Podium bottle	2.7	OZ
☐ extra water bottle	Platypus 1 Liter bottle (x1)	1.3	OZ
☒ Survival		0 lbs, 10.3 oz	
☒ Compass	Silva?	1	OZ
☒ Light	Black Diamond Spot headlamp	3.3	OZ
☐ Emergency Whistle	Orange whistle	0.2	OZ
☒ Sunscreen	Sport Sunscreen	3	OZ
☒ Bug Repellent	Deet	1	OZ
☒ Pain Relievers in ziploc	12 ibuprofen, 6 tylenol, 6 tylenol PM	1	OZ
☒ Neosporin	small tube of pain killing Neosporin	0.75	OZ
☒ Hygiene		1 lbs, 3.7 oz	
☒ Toilet Paper	Travel Tissue pack(s)	3	OZ
☒ Hand Sanitizer	Purell 1oz bottle	1	OZ
☒ Toothbrush		2	OZ
☒ Toothpaste		1	OZ
☒ Baby Wipes	12 wipes in ziploc bag	3	OZ
☐ Camp Towel		1.5	OZ
☒ Soap	CampSuds small 2oz bottle 2/3 full	1.7	OZ
☒ Blister Treatment	Moleskin spare sheet	1	OZ
☒ Moisturizing Lotion		4	OZ
☐ Chapstik		0.5	OZ
☒ Peterson's Ointment	small tube, or dollup in ziploc bag	1	OZ

☒	Gadgets		0 lbs, 4 oz
☒	Cell Phone	iPhone	4 oz
☒	Worn/Carried		4 lbs, 4.2 oz
☒	Underwear		1 oz
☒	Shirt	hiking T-Shirt	5.9 oz
☒	Shorts/Pants	hiking convertible pants (Tan NF)	14.6 oz
☒	Socks	Smartwool PHD Outdoor Lite Mini Sock	1.8 oz
☒	Shoes/Boots	(Running Shoes)	15 oz
☒	Sunglasses		2 oz
☒	Sun Hat	baseball cap ????	3 oz
☒	Trekking Poles	Black Diamond Trail Ergo Cork Alum ...	18 oz
☒	Mid-Weight Long-Sleeve top	Icebreaker 1/4 zip tech top	6.9 oz
☒	Consumables		9 lbs, 4.3 oz
☒	Food		90 oz
☒	Water		58.3 oz
☐	Summary	Wt (lbs, oz)	Wt (oz)
	Packing	2 lbs, 6.9 oz	38.90 oz
	Shelter	1 lbs, 9.9 oz	25.90 oz
	Sleeping	3 lbs, 1.8 oz	49.80 oz
	Clothing Packed	3 lbs, 7.1 oz	55.10 oz
	Cooking & Drinking	0 lbs, 6.6 oz	6.60 oz
	Survival	0 lbs, 10.3 oz	10.25 oz
	Hygiene	1 lbs, 3.7 oz	19.70 oz
	Gadgets	0 lbs, 4 oz	4.00 oz
	Worn/Carried	4 lbs, 4.2 oz	68.20 oz
	Other	0 lbs, 0 oz	0.00 oz
	Consumables	9 lbs, 4.3 oz	148.30 oz
	Total:	26 lbs, 10.8 oz	426.75 oz

Base Pack Weight: 13 lbs, 2.2 oz | Total Pack Weight: 22 lbs, 6.6 oz | Skin-out Weight: 26 lbs, 10.8

"Base Pack Weight" is the weight of all your gear, excluding gear worn or carried, excluding consumables.

"Total Pack Weight" is the weight of all your gear, excluding gear worn or carried, including consumables.

"Skin-out Weight" is the weight of all your gear, including gear worn or carried, including consumables.